



CONTACT ME

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House no. 1290, Road no. 5240, Budaiya, Bahrain

INTERESTS

- Photography
- Video Shooting & Editing
- Social media Reels
- Montage
- Graphic designing
- Voice-Over

SKILLS

- Excellent Interpersonal Communication and social person
- Events Organisations
- Fast Learner
- Computer skills (Microsoft office and Adobe editors and designing apps)
- Media and Photography (hosting and presenting)

Lulwa Almesfer

WORK OBJECTIVE

Highly organized and motivated professional with a strong passion for workplace organization and efficiency. Skilled at managing daily tasks, meeting deadlines, and ensuring consistent productivity. Dedicated to delivering high-quality results, supporting team goals, and contributing to the overall success of the organization.

EDUCATION

University Of Bahrain | Zallaq

2018-2024

BA. in Mass Communication (Radio and Television)

WORK EXPERIENCE

Trainer in Ithra youth program
Almabarra Alkhalifia Foundation | Riffa

2018

Ibtisama Dental Center | Saar

Receptionist

2020-2023

Social media account management

2023

BIPA
Media specialist

2023-2024

Bahrain Defence Force

2024-Present

OTHER QUALIFICATION

Tamkeen & Injaz
More than money program.

2012-2013

Ministry of Education
Photography and graphics training program.

2015-2016

McDonald's Bahrain Co
Ithraa&McDonald's Bahrain training program

2016

Ministry of Education
Photography and graphics training program.

2018

Injaz Bahrain
Head Start program.

2018-2019

Injaz Bahrain
Innovation camp program.

2019

Bahrain Journalists Association Tv presenting program.	2022
International leadership & coaching Cv writing & interviewing Skills.	2023
Injaz Bahrain (JAHEZ) Project Management People & Culture	2023

COURSES

Berlitz Bahrain I Adliya	2017
English course	

VOLUNTEERING

Ministry of Education Girls Guides of Bahrain.	2009-2023
Bahrain Authority for Culture & Antiquities Bahrain summer (Nakhool Tent).	2015
Tamkeen A9eel program.	2016-2017
Bahrain Authority for Culture & Antiquities Bahrain summer (Nakhool Tent).	2017-2018-2019

REFERENCES

References available on request.